

## Movie Rationales

### Intro to Psychology

Intro to Psychology Motivation/Emotions Unit

Movie Rational for *Inside Out*

*Inside Out* zeroes in on one of the most poignant times in an individual's life, which is the transition to the preteen and early teen years. Pixar's film *Inside Out* is an animated fantasy that remains remarkably true to what scientists have learned about the mind, emotion and memory. The film is about an 11-year-old girl named Riley who moves from her happy home in Minnesota to the West Coast, where she has no friends and pizza is made with broccoli. Much of the film is spent inside Riley's mind, which features a control center manned by five personified emotions: Joy, Sadness, Fear, Anger and Disgust.

Dacher Keltner, psychologist, University of California, Berkeley, and consultant to the film makers of *Inside Out* stated: "I think they really nailed it."

Intro to Psychology will view this film at the end of the unit to bring all the information from the unit to a culminating end. The final project will include creating a screen play, a short story, a short graphic story, or children's story.

Intro to Psychology Sociocultural diversity

Movie Rational for **ANTZ**

The movie ANTZ offers a unique opportunity to encourage consideration and classroom discussions on the following topics:

- What defines destiny? Individual aspirations or those of the community's?
- Existentialism/Nihilism: We are radically free to recreate ourselves
- We are the responsible makers of the environment we choose.
- Aristotelian entelechy: like an acorn, there is a determined potential for us to achieve; we strive to become what we are meant to be.
- Platonic philosophy: ordered souls and society; utopia and dystopia;
- Communism, fascism, democracy.